



Non-Collegiate Women's Education Board

(University of Delhi)
in collaboration with

National Commission for Women

celebrating

5th Rashtriya Poshan Maah (September 2022)

& ORGANIZING COMPETITIONS

Prizes and Certificates for Winners

Date : 26 September 2022

Time: 11:00AM Onwards

**Venue: Conference center,
University of Delhi**



Non Collegiate Women's Education Board,
Tutorial Building, Second Floor,
Guru Tegh Bahadur Rd,
University of Delhi,
New Delhi, 110007

Email : officeadmin@ncweb.du.ac.in
Website : ncweb.du.ac.in

About Non-Collegiate Women's Education Board (NCWEB)

Non-Collegiate Women's Education Board (NCWEB) has been silently contributing towards empowerment of women through education since 1944. For the last 78 years, this institution has provided for the need of educating girls who were in a disadvantageous position to attend regular classes in colleges. NCWEB is in a unique disposition to aid those who have the potential to change and give thrust to socio-economic development in the society through education. NCWEB is a constituent part of University of Delhi (DU) and there are 26 Undergraduate and 1 post-graduate centres.

About the National Commission for Women

The National Commission for Women was set up as statutory body in January 1992 under the National Commission for Women Act 1990 to review the Constitutional and legal safeguards for women; recommend remedial legislative measures; facilitate redressal of grievances and advise the Government on all policy matters affecting women.

In keeping with its mandate, the Commission has notified various steps to improve the status of women and worked for their economic empowerment during the last decades. It has been organising various workshops/consultations, constituted expert committees on economic empowerment of women, conducted seminars for gender awareness and took up publicity campaign against female foeticide, violence against women etc. in order to generate awareness in the society against these social evils.

Initiative called as Holistic Development through Right Nutrition

Ensuring healthy lives and promoting the well-being of all ages is essential to achieve sustainable development as entailed in Sustainable Development Goal- 3. With this as the roadmap, the government of India launched the Poshan Abhiyan (National Nutrition Mission) on 05th March 2018 to improve nutritional outcomes for children, pregnant women, lactating mothers and adolescent girls.

Conceptualized as Jan Andolan or 'people's actions' for promoting inclusive participation, it aims at reaching every household with the message of nutrition.



PATRON



Prof. Yogesh Singh
Vice-Chancellor
University of Delhi



Anika Searma
Chairperson
National Commission for Women

NCWEB



Prof. Sakun Pan
Vice-Chancellor
University of Delhi



Prof. Gita Rishi
Vice-Chancellor
University of Delhi



Dr. Suman Kumar
Vice-Chancellor
University of Delhi

EXECUTIVE ORGANISING COMMITTEE :

Dr. Sonali Chitambar (Miranda House) Cr. Manoj Kaur (PGD&V College)
Dr. Kapana Sharma (Faculty of Law) Dr. Maa San (Bharati College)
Dr. Ananya Sahoo (SPN College)

ORGANISING COMMITTEE :

Dr. Satendra Shukla (Shriya College) Ashish (PGD&V College)
Kajal Mishra (Moti Lal Nehru College) Anurag Singh (SPN College)
Aparna Chhabra (PGD&V College) Nivita (PGD&V College)

STUDENT COORDINATING COMMITTEE :

Kavya Shukla (Moti Lal Nehru College) Aditi Sharma (SISGS College)
Divya (Cajdhari College) Anshu (SISGS College)
Yukta Pandey (Keshav Mahavidyalaya)

POSTER MAKING COMPETITION

Rules and Details for Poster Making Competition

1. The competition will be organized amongst the students of NCWEB.
2. Up to 3 entries forwarded by the NCWEB centre will be accepted.
3. The participants in Poster Making Competition may use A3 or A4 sheet for Poster.
4. Small write-up text (slogan) may be included in the Poster in readable font of Hindi/English.
5. Participants may use any form of hand art technique.
6. Focus area will be holistic development of women & children through Right Nutrition.
7. Time slot of one hour and thirty minutes will be allotted for the competition.
8. Only one entry will be accepted from each participant.
9. Decision of the judges will be final and acceptable to all.
10. Prize: Top Three entries will receive a Certificate + Prize money & One consolation prize to be given.



26th September 2022

EDUCATIONAL DISPLAY COUNTER COMPETITION : YOU ARE WHAT YOU EAT

Rules and Details for Educational Display Counters Competition

1. The competition will be organized amongst the students of NCWEB.
2. Only one entry from each NCWEB centre will be accepted which may include a maximum number of 3 participants.
3. The participants under the theme may highlight information on Food safety.
4. Information may be displayed through means of Print/Electronic. Content should be in readable font of Hindi/English.
5. The participants have to send their ppt on the given email-id on or before 23 Sept, 2022.
6. Decision of the judges will be final and acceptable to all.
7. Prize: Top Three entries will receive a Certificate + Prize money & One consolation prize to be given.

**ALL ENTRIES TO BE
RECEIVED FROM NCWEB
CENTRES BY
21 SEPTEMBER 2022**



Venue: Conference centre, University of Delhi

HEALTHY RECIPE CONTEST : HIGHLIGHT CULTURAL FOOD TRADITIONS

Rules and Details for Health Recipe contest- Highlight cultural food traditions

1. The competition will be open to the students, lecturers and staff members of NCWEB.
2. Upto four entries- 2 students, 1 lecturer and 1 non-teaching staff member, forwarded by NCWEB centre will be accepted.
3. Only one dish will be accepted from each participant.
4. Participants must choose a recipe that highlights cultural/tradition specific food.
5. Only vegetarian recipes will be allowed.
6. Participants may prepare items at home as providing cooking resources at the venue would not be possible.
7. The recipe content should be displayed besides the dishes and must hold information such as list of raw material, nutritional value and details of origin of the recipe.
8. Decision of the judges will be final and acceptable to all.
9. Prize: Top Three entries will receive a Certificate + Prize money & One consolation prize to be given.



11:00AM Onwards